

Haringey Service User and Carer Forum

Microsoft Teams

Monday 8th of March 2021, 2:00pm-3:30pm

Chairs:	A. Dipino (A.D) & C. Cox (C.C)
Present:	S. Kirkpatrick (S.K.) R. Hudson (R.H.) H. Antony (H.A.) Suzanne P. Fraser (P.F) L. Harding (L.Ha) E. Sofela (E.S) H. Williams (H.W) C. Bernard (C.B) G. Passaway (G.B) S. Christian (S.C) M. Ahmed (M.A.)
Minutes:	J. Douzenis (J.D)
Abbreviations	DP Discussion point

	Meeting Summary	Action
1	Round of introductions	
2	Matters Arising & Actions	
3	Notices	
4	Agenda Items <ul style="list-style-type: none"> • Presentation by G.P about the future of BEH • Reflecting on past and planning future forums 	

1.	Introductions	Action
1.1	Introduction of meeting attendees	
2.	Matters Arising & Actions	
2.1	<p>Poem Reading A.D read two poems she wrote a few years ago based on her experience and journey of recovery in mental health. Her poems were poignant and inspiring and some of her work has also been published by St. Mungo's as part of a book.</p>	
2.2	<p>Involvement Register An issue was raised with regards to the criteria required to be included in the involvement register, specifically requiring a reference from a mental health professional and having to be under services within the past year.</p> <p>The forum was informed that they have no forgone the second criteria mentioned (having to be under services within the past year). Concerns about</p>	

	having to have a reference will be passed on by S.C. and C.C.	
2.3	<p>Fewer Service Users in the Forum</p> <p>It has been noted that since moving the forum onto a virtual platform there are fewer Service users regularly involved in the forum meetings. Any suggestions about what we could do to encourage more service users to join the forum online are welcome. Some of these discussed in the meeting include advertising the forum with GPs, inpatient teams and in pharmacies within the area.</p>	
2.4	<p>New Community Engagement Worker to be Recruited</p> <p>The trust is planning on employing a Community Engagement worker to work 6 hours a week. The plan is for them to co-facilitate the forum and for them to participate in development meetings. The advert for this position will be going out soon.</p>	
2.5	<p>Forming a Service User Council</p> <p>It was noted that the forum is often not updated or able to follow up on plans/suggestions or discussions from the forum meetings. A suggestion was made that forming a “Service User Council”, which is something other trusts do, may be a good idea. The council could have the function of holding professionals accountable.</p>	
3.	Notices	
3.1	<p>Crisis Prevention Houses</p> <p>The “Recovery Homes” are being updated and re-named. They will now be called “Crisis Preventions Houses” and will be seen as a “step up” in terms of support from the community rather than a “step down” from the wards. The houses will also be getting new appliances and white goods and also be cleaned thoroughly. The re-naming of the houses will come into effect on the 1st of April 2021. The new houses will also have frequent reviews to check in on how things are going and make sure the environment is kept up and fit for purpose.</p> <p>The changes are all happening with the knowledge that in February 2022 the Crisis Prevention Houses will be moving to a new site and facility which will be better suited for the residents’ needs. The new site in Canning Crescent is part of the re-development plan and many other teams will be based in the same building. All the changes outlined are peer led and peer informed.</p>	
3.2	<p>Mural in St. Ann’s</p> <p>A new mural will be painted on the new Blossom Court building. The mural will be interactive. This means that people will be able to point their phone cameras at the mural and have easy access to information about the services. Workshops in regards to this mural will be run over the summer. https://www.spacehive.com/mindmurals</p>	
3.3	<p>Tottenham Talking Winter Café (Update)</p> <p>M.A. updated us on the progress of a new winter funded project that will definitely be running until the end of March 2021 in collaboration with Bridge Renewal and the Clarendon Recovery College. The team re hoping to secure further funding for this project. The café aims to be a “supportive place to do ordinary things”.</p> <p>Currently there are groups running in person and online. There are some physical activity groups that have proven popular and also cooking courses.</p>	

<p>3.4</p> <p>3.5</p> <p>3.6</p>	<p>The project is based on service user feedback and is dynamically making changes as it develops based on this.</p> <p>So far the café has had positive feedback and reviews but are unfortunately not able to accept self-referrals. People who are interested in this project need to be referred by a clinician.</p> <p>New POD Meetings Following the presentation from last month's forum, the POD meetings have resumed. The most recent one was Monday 8th of March 16:00-17:30, (apologies for the late notice)</p> <p>Catalyst Consultation New apartments will be built next to the St. Ann's site. The team building them are carrying out community consultations. These can be found on the website below. https://www.chg.org.uk/news/44718/catalyst-launches-community-engagement-for-major-tottenham-site/</p> <p>International Women's Day International Women's day was on the 8th of March.</p>	
<p>4</p>	<p>Agenda Items</p>	
<p>4.1</p>	<p>Presentation by G.P About the Future of BEH G.P. is keen to organise a group visit to the new Blossom Court site. This will likely and hopefully be organised for the early summer 2021 but will depend on restrictions in place due to Covid-19. More updates about this will follow.</p> <p>G.P. also reflected on some of the difficulties faced by the trust including staff retention and covid-19. G.P also asked what the forum feels would be good to keep updated on. Any suggestions can be shared with C.C and G.P.</p> <p>Reflecting on Past and Planning Future Forums DP: Include Another Session about Crisis Services It was suggested that although we had a presentation by the Haringey Crisis Team within BEH it would also be good to know what are services are available within the community for people experiencing a crisis. It was also brought up that it may be a good idea to have "themes" rather than having a service present what they offer in a concrete way.</p> <p>Proposed Forum Topics for May and June 2021</p> <ul style="list-style-type: none"> • May: Sustainability and healthcare • June: Carer's Session <p>Suggestions about Future Forums Include:</p> <ul style="list-style-type: none"> • Presentation about Talking Therapy services within the community and the Psychology services within BEH • How services link with each other and work together- what gaps are there? • Follow up from the medication forum topic we had in November 2020 • Involvement Strategy/Register • Self-help Tips Presentation by R.H • Community Transformation/Development of the site in St. Ann's • Presentation by the Dual Diagnosis Network • Presentation about homelessness • Open Dialogue 	<p>G.P to keep the forum updated in regards to the Blossom Court Visit.</p>

	<ul style="list-style-type: none"> • Presentation on the interplay of long-term health conditions and disability with mental health • Independent placements and getting back to work/volunteering • Presentation by MIND • Bridge renewal and other community resources • Discussion about the function of the Forum • Service User Council 	
6.	Next Meeting	
	<p>Monday 12th of April 2021, 14:00-15:30- Theme: Enablement and Co-production by Inclusion Barnet.</p> <p>Click the link below to join our next meeting:</p> <p><u>Join Microsoft Teams Meeting</u></p>	