

## Haringey Service User and Carer Forum

### Microsoft Teams

Monday 14<sup>th</sup> of February 2022, 2:00pm-3:30pm

<b>Chairs:</b>	A. Dipino (A.D) & C. Cox (C.C)
<b>Present:</b>	Suzanne A. Tarka (A.T) Anne-Marie B.Doherty (B.D) J. Buckingham (J.B) C. Tisdall (C.T) J. Douzenis (J.D) V. Lidchi (V.L) G. Dulskyte (G.D) E. Buyers (E.B) F. Semanshia (F.S) J. Phillips (J/P) F. Rahmna (F.R) M. McKenzie (M.M) J. Simmons (J.S) E.I Thomas (E.I.T) Janet David Dilip C. Lam (C.L) C. Andrews (C.A)
<b>Minutes:</b>	J.D
<b>Abbreviations</b>	DP Discussion point

	Meeting Summary	Action
1	Round of introductions	
2	Matters Arising & Actions	
3	Notices	
4	Agenda Items: <i>Routes to Employment</i> <ul style="list-style-type: none"> <li>• Presentation by Jennifer Simmons from Recovery House</li> <li>• Presentation by Bridget and Joshua from Twinnins Employment support</li> <li>• Presentation by Jamie, Freddie and Casey from the Involvement Register and Inclusion</li> </ul>	

1.	Introductions	Action
1.1	Introduction of meeting attendees	
2.	Matters Arising & Actions	

	<p><b>Open Dialogue Support group</b> It was mentioned during the presentation that creating a space for SU of OD to discuss their experiences of the model would be very helpful.</p>	
<b>3.</b>	<b>Notices</b>	
3.1	<p><b>Ana-Maria (co-chair) will be leaving the forum</b> Our co-chair will soon be leaving the forum. As a result we are looking for someone to take over her role starting from around March/April. If anyone is interested please get in touch with Camilla.</p>	
3.2	<p><b>Nature Walks</b> A group run by St. Ann's Green Spaces (STAGS) organises nature guided walks around the site of St Ann's. At the end of each walk the group meets for tea, a chat and a chance to reflect on the "treasures" that were spotted and collected. You can share your finds on the Nature Table.</p>	
3.3	<p><b>Carers Week</b> This year Carers Week will run from Monday 6 until Sunday 12 June. Their new campaign Theme will be announced soon. If you are interested, you can sign up for their newsletter here: <a href="https://www.carersweek.org/">https://www.carersweek.org/</a></p>	
3.4	<p><b>Mind for MIND</b> Mind for MIND is a series of fundraising events for MIND.</p>	
3.5	<p><b>Enfield Service User and Carer Forum</b> Enfield has started their own version of this forum. The next session is on the 23<sup>rd</sup> of February.</p>	
<b>4</b>	<b>Agenda Items</b>	
4.1	<p><b>Presentation by JS: Recovery House</b> JS spoke about her route into employment and how she gradually built up her experience and CV to get the job she wanted. She described her own experience of mental health and how that influenced and inspired her to want to become a support worker. JS highlighted the importance of "keep going" and how she found it difficult to overcome her own stigma and beliefs about what her future would be like after her diagnosis.</p>	
4.2	<p><b>Presentation by Bridget and Joshua: Individual Placement and Support</b> Bridget and Joshua from Twinnigs gave a brief introduction into their charity and workplace and in particular about their programme "Individual Placement and Support". The aim of this is to help people with mental health difficulties gain and sustain employment whether that be paid or voluntary. They also aim to increase income as well as confidence.</p> <p>Their team works directly with their clients and potential employers to allow the transition back into employment to be as smooth as possible.</p>	
4.3	<p><b>Presentation by Jamie, Freddie and Casey: Involvement Register</b> Both Jamie and Freddie opened up to the forum and explained how their own experiences of mental health difficulties inspired them to seek employment in the NHS. Freddie also spoke about his training to become an expert by experience and how this has opened up new opportunities for him.</p> <p>Casey let the forum know about more Expert By Experience (EBE) roles coming up within the patient experience team. If anyone is interested in applying or would like additional information please let us know.</p>	

6.	Next Meeting	
	<p>Monday 14<sup>th</sup> of March 2022,14:00-15:30- Theme: Canning Crescent and Community Transformation</p> <p>Click the link below to join our next meeting:</p> <p><a href="#"><u>Join Microsoft Teams Meeting</u></a></p>	